
Rockwell Nursing Home Newsletter

NOVEMBER
2024



Hello from the Activity Department....

We have been busy painting pumpkins that Anderson Market donated for the residents. We celebrated Halloween by staff and residents dressing up and enjoyed a spooky game of bingo with sweet treats. Don't worry we saved enough for the trick or treaters :) Veterans Day and Thanksgiving are just around the corner. We have Mike Flatness joining us to talk to our veterans about the sacrifices they have made for our country. We thank all Veterans for their time served for our country. The staff and residents are looking forward to having our "Friendsgiving" this month. This allows us to all sit down together and enjoy a great meal and lots of laughs. Starting in November there will be a Christmas Wish List on the outside of residents closets. Please list either wants or needs for the resident so the staff can participate in a secret Santa with the residents.

There will be a Thanksgiving meal open for any family or friends who want to enjoy the meal with a resident. The meal will be \$10. The kitchen plans on having turkey, ham, stuffing, mash potatoes and gravy, green bean casserole and pumpkin pie. If you would like to join the meal please call the business office here to reserve a seat and payment.

As we look ahead to December, we will be hosting a Open House December 5th 4:00pm - 5:30 pm. There will be food, drinks, entertainment, and information about Rockwell Community Nursing Home. Hope to see you all there!



Sammy and Trish, Activity Department :)

Hello!

I am Kassidy Spurgin, the new administrator. I currently live on a small acreage outside of Greene with my significant other Ryan who is active-duty National Guard- Army and my daughter Anistyn, who was born this July. We have three dogs: Oso & Mora (Great Pyrenees/Labs) & Lady (English Lab). I grew up in Osceola, Iowa, 45 minutes south of Des Moines, but moved from Estherville to Greene in 2023. The rest of my family has relocated to Wisconsin, which they have loved.

I have been in the nursing home industry for over 10 years, starting as a CNA a 90-bed facility with memory care. Since then, I have been an administrator at various senior living settings along with experience in pediatric in-patient, social work, and home care.

Outside of work, I enjoy doing home improvement projects, visiting with friends and family, and playing cards or boardgames. I also appreciate a good book or podcast recommendation.

I am thankful for this opportunity and look forward to being a part of the community here at RCNH.



**Halloween costume winners!!
Trish K. and Peggy J.**





Below is the Care Conference schedule for October. We invite family members to attend, so please call to schedule a time. For your convenience and ours, we limit to 30 minutes per conference.

Thursday, November 7th

Lyle Etnier
Mary Kay Reimers
Clarence Kirchoff

Thursday, November 14th

Gordon Wickwire
June Wickwire

Thursday, November 21st

Pamela Kiel
Nicole Tabor

Thursday, November 28th

No Care Conferences

Thursday, December 5th

Linda Mau
Mary Hoffman
Marlene Rice
Eugene Vix

Happy Thanksgiving from everyone at Rockwell Community Nursing Home :)

Day Light Savings happens on November 3rd at 2:00 am this year!!

EMPLOYEE-NOVEMBER BIRTHDAYS
Margaritua A. - 2nd
Sandy N. - 25th

EMPLOYEE-NOVEMBER-ANNIVERSARIES
Margaritua A. - 8 years
Teya A. 8 years
Cindy S. - 17 years

NOVEMBER 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	*ALL ACTIVITIES SUBJECT TO CHANGE*				1 10:15 Rosary 2:00 Quarter Bingo 3:00 Social	2 Independent Activity "Bored Board"
3 10:15 St. Peter Lutheran Church Service on T.V.	4 10:00 Coffee Social 10:30 Morning Movement 2:00 Bingo Prize	5 10:00 Today in History 10:30 Exercise 2:00 Roll a Turkey 2:30 CampFire Fun	6 10:15 Hanford Church Service 2:00 Thanksgiving Craft	7 9:45 Short Stories with Sherry 10:30 Music with Talia 2:00 Prize Pokeno	8 10:15 Prayer Service with Kate 2:00 Quarter Bingo 3:00 Social	9 Independent Activity "Bored Board" 2:00 Bingo with Tom
10 10:15 St. Peter Lutheran Church Service on T.V.	11 10:00 Veterans Day with Speaker Mike Flatness 10:30 Morning Movement 2:00 Bingo Faith United Church  Veterans Day	12 10:00 Coffee Social 10:30 Exercise 2:00 Turkey Hunting	13 10:15 Bible Study with Pastor Wendy 2:00 Baking Class 6:30 Take Away Poker	14 10:30 Music with Talia 1:30 Stories with Jolynn 2:15 Pass the Pig	15 10:15 Mass with Pastor Josh 2:00 Quarter Bingo 3:00 Social	16 Independent Activity "Bored Board"
17 10:15 St. Peter Lutheran Church Service on T.V.	18 10:00 Coffee Social 10:30 Morning Movement 2:00 Bingo Rockwell Lutheran	19 10:00 Coffee Social 10:30 Exercise 2:00 Resident of the Month Activity 3:00 Give Thanks	20 10:15 Bible Study 2:00 Movie & Popcorn 6:30 Take Away Poker	21 9:45 Short Stories with Sherry 10:30 Music with Talia 2:00 Prize Pokeno	22 10:15 Prayer Service with Kate 2:00 Quarter Bingo 3:00 Social	23 Independent Activity "Bored Board" 2:00 Bingo with Tom
24 10:15 St. Peter Lutheran Church Service on T.V.	25 10:00 Coffee Social 10:30 Morning Movement 2:00 Bingo Rockwell Sacred Heart	26 10:00 Current Events 10:30 Exercise 2:00 Monthly Birthday Party	27 10:15 Handford Church Service Friendsgiving during Lunch 2:00 Thanksgiving Trivia & Hot Coco	28 Happy Thanksgiving!! Macy's Thanksgiving Parade on T.V. 	29 10:15 Bible Study 2:00 Quarter Bingo 3:00 Social	30 Independent Activity "Bored Board"